JANUARY MEALS 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Happy New Year! Center closed	2 Chicken Strips Pasta Alfredo Broccoli Florets Graham Crackers Fruit Crisp	3	4 Meals are sponsored in part by Greylock Federal Credit Union
1:00 Sunday Lunch HOST: FCC	& Beef & Cabbage Casserole Wax Beans Peas & Carrots WW Bread Sliced Pears	7 Grilled Cheese Tomato Basil Soup	8	Swedish Meatballs Boiled Potatoes Brussel Sprouts 12 Grain Bread Fresh Apple	10	
12	13 Chicken Curry Cacanut Rice Minted Green Beans ½ Pita Bread Apricat Halves	14 Cheeseburger French Fries	15	16 Chicken w/Apple Raisin Gravy Mashed Potato Asparagus Dinner Roll Chocolate Chip Cookle	17	18
19 1:00 Sunday Lunch HOST: St. Agnes	Center Closed  MARTIN LUTHER KING JR. DAY	21 Chill Cornbread	22	23 Beef Stroganoff Buttered Noodles Mixed Vegetables Rye Bread Sliced Pears	24	25
26	Penne with Bolognese Sauce Capri Blend Italian Bread Warm Applesauce	Tuna Salad Sandwich & Minestrone Soup	29	30 Eggplant Parmesan Buttered Noodles Sonoma Blend WW Bread Sliced Peaches	31	Seniors 60 and older suggestion denation \$3 & fund Elder Services Nutrition Program

Meals are held at the Dalton Senior Center, 40 Field Street Ext. Dalton at 12:00. 24 business hours are required for reservations. 684-2000 Suggested donation to Elder Services \$3. Soup & Sandwich \$5 fee, Sunday Lunch 1:00 no reservations required. Donations are appreciated NOTE FEBRUARY 3<sup>RD</sup> SELECT BOARD SPECIAL ELECTION NO LUNCH OR PROGRAMS