

Meals SEPTEMBER 2024

Sunday	Monday	Tuesday	Wed.	Thursday	Friday	Saturday
1 1:00 Sunday Lunch HOST: BFCN	2 LABOR DAY	3 PRIMARY VOTING	4	5 cold meal Turkey Cranberry Salad 3 Bean Salad Cold Spiced Beets ½ Pita Pocket Sliced Peaches	6	7
8	9 Sausage, Peppers & Onions Mashed Sweet Potato Red Cabbage W/onions Roll Oatmeal Raisin	10 Meatball Grinders Chips	11	12 Global Table Spanish Chicken Stew Israeli Couscous Carrots WW Bread Tropical Fruit Mix	13	14
15 1:00 Sunday Lunch HOST: ST AGNES	16 Beef Stew Warm Barley <u>Jardiniere Veges</u> Oat Nut Bread Spiced Apple	17 French Onion Soup Egg Salad Sandwiches	18	19 Scrambled Egg patty Sausage Link O'Brien Potatoes Asparagus ½ Grain Biscuit Mango	20	21
22	23 Chicken w/gravy Garlic Mashed California Blend Dinner Roll Mixed Fruit	24 Goulash Roll	25	26 Macaroni & Cheese Peas & Pimiento Broccoli WW Bread Banana	27	28
29 <i>M/TH Elder Services meals are sponsored in part by Greylock Federal Credit</i>	30 Veal Marsala Buttered Noodles Summer Blend Oat Nut Bread Vanilla Yogurt					Seniors 60 and older suggestion donation \$3 & funds Elder Services Nutrition Program

Meals are held at the Dalton Senior Center, 40 Field Street Ext. Dalton at 12:00. 24 business hours are required for reservations. 684-2000 Please call to cancel if you find you are unable to attend. Suggested donation to Elder Services \$3. Soup & Sandwich \$5 fee, Sunday Lunch Donations are appreciated.