

ACTIVITIES MAY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00 Veteran's Agent	2 9:30 Osteo 12:00 Lunch 12:00 Quilting 1:00 Bridge & Cribbage	3 9:00 Pitch 11:00 Chair Yoga\$	4
5 1:00 Sunday Lunch HOST: BFCN	6 9:30 Line Dancing\$ 12:00 Lunch MOB First Cong.	7 9:30 Osteo 11:15 Tai Chi\$ 12:00 Soup & Sandwich\$ 1:00 Knitting	8 9:00 Veteran's Agent 9:00 Foot Care\$ 10:00 Shake Your Soul\$ 3:30 COA BOARD	9 9:30 Osteo 12:00 Lunch 12:00 Quilting 1:00 Bridge & Cribbage	10 9:00 Pitch 11:00 Chair Yoga\$ 1:00 Life After Loss	11
12	13 Elections Here Today! No Programs at the Center No Lunch MOB First Cong.	14 9:30 Osteo 11:15 Tai Chi\$ 12:00 Soup & Sandwich\$ 1:00 Knitting	15 9:00 Veteran's Agent 10:00 Shake Your Soul\$ 1:00 TRIAD	16 9:30 Osteo 12:00 Lunch 12:00 Quilting 1:00 Bridge & Cribbage	17 9:00 Pitch 11:00 Chair Yoga\$	18
19 1:00 Sunday Lunch HOST: ST AGNES	20 9:30 Line Dancing\$ 12:00 Lunch 1:00 BINGO MOB First Cong.	21 9:30 Osteo 11:15 Tai Chi\$ 12:00 Soup & Sandwich\$ 1:00 Knitting	22 9:00 Veteran's Agent 10:00 Shake Your Soul\$ 1:00 Mass Bar Assoc. Estate Planning & Long Term Care Plan	23 9:30 Osteo 12:00 Lunch 12:00 Quilting 1:00 Bridge & Cribbage	24 9:00 Pitch 11:00 Chair Yoga\$	25
26	27 Memorial Day Senior Center Closed	28 9:30 Osteo 11:15 Tai Chi\$ 12:00 Soup & Sandwich\$ 1:00 Knitting	29 9:00 Veteran's Agent 10:00 Shake Your Soul\$ 1:00 - Movie: Tyson's Run	30 9:30 Osteo 12:00 Lunch 12:00 Quilting 1:00 Bridge & Cribbage	31 9:00 Pitch 11:00 Chair Yoga\$	

Can't attend a program or a meeting? Talk with us about Hybrid Programming! We are doing a slow rollout of programs you can join live from the comfort of your home. Soon computer classes and lending library! First class will be Mass Bar talk by Atty. James Loughman of Donovan O'Connor & Dodig.