



# THE "YES AND NO" OF RECYCLING IN WESTERN MASS



## YES - emptied, rinsed and unbagged:

### Aluminum

- cans
- aluminum foil
- pie pans, "disposable" aluminum trays

### Steel (tin) cans

*Labels do not need to be removed.*

- food and beverage cans (metal lids OK)
- pet food cans (metal lids OK)

### Glass

*Empty and rinse.*

*Labels do not need to be removed.*

- food and beverage bottles and jars, any color

### Plastics

*Empty and rinse. Plastic caps may be left on.*

*ONLY containers smaller than 2.5 gallons are recyclable.*

- food bottles, tubs, jars: yogurt, cooking oil, condiments, peanut butter, margarine
- beverage bottles and jugs: water, juice, soda, milk (empty, rinse if possible, put caps back ON)
- soap bottles: dish soap, detergent, hand sanitizer
- personal care bottles: hair products, soaps
- clear plastic clamshells (no black or Styrofoam™)
- clear plastic cups, clear plastic egg cartons

### Cartons

*Recycle w/containers, not w/paper. Straws go in trash.*

- milk and juice cartons (plastic spout OK)
- soymilk, soup and drink boxes (remove straws)

### Paper and Cardboard

*Clean paper only. Flatten boxes.*

*"Windows" in envelopes, staples, paper clips, tape all OK*

- newspaper, inserts, magazines, junk mail
- white, colored, glossy, and construction paper
- corrugated cardboard
- pizza boxes (empty: no food, wax paper, etc.)
- boxboard (i.e. cereal, pasta, tissue: windows ok)
- gift wrap, gift bags, gift tissue paper, cards (no metallic inks, foil, wire, glitter, batteries)
- paperback books and phonebooks (covers OK)

## NO - do not place in municipal recycling:

aerosol cans	holiday lights		
siding	utensils		
scrap metal	tools		
foil-wrapped pouches (kids drinks, fruit, baby food)	batteries		
pots & pans			
aerosol cans	pots & pans	appliances	
tanks of any kind	utensils	pipes	
hangers	tools	fuel tanks	
scrap metal	toys	car parts	
paint cans	holiday lights	batteries	
broken glass	ceramics	fluorescent light bulbs	eye glasses
holiday lights	baking dishes	incandescent light bulbs	vases
wine corks	cookware (Pyrex)	plate glass	mirrors
dishes	canning jars	windows	syringes, sharps
drinking glasses			
plastic bags	small items: straws,	containers that held hazardous	
plastic wrap/cling wrap	loose lids, utensils	substances:	
cellophane food bags (e.g.,	black plastic	automotive products, pool	
candy bars, cookies, pasta)	compostable plastics	chemicals, pesticides, etc.	
frozen food bags/pouches	cookie trays	containers over 2.5 gallons:	
liners from food packaging	blister pack packaging	5-gallon pails, buckets,	
plastic plates	tubes:	recycling bins, laundry baskets	
cups: color or opaque	toothpaste, hair care	lawn furniture, swimming pools	
Styrofoam™ (polystyrene):	prescription pill bottles	tarps	
- cups/take-out containers	refillable water bottles	hoses; PVC piping or tubing	
- egg cartons	toys	CD, DVD, VCR tapes/cases	
- packaging, peanuts	flower pots	syringes, sharps	
- meat trays	holiday lights	electronics	
foil-wrapped pouches (kids drinks, fruit, baby food)			
frozen food boxes			
ice cream cartons			
frozen juice cartons			
plastic straws			
shredded paper	plastic bags, plastic packaging	dirtied paper (pet waste,	
soda, seltzer, beer cartons	Tyvek/ bubble wrap envelopes	paint)	
frozen food boxes	stickers & sticker sheeting	wet paper, wet cardboard	
ice cream cartons	copy paper wrappers	waxed paper or cardboard	
frozen juice cartons	blueprints	pizza boxes with food or	
butter, margarine boxes	hardcover books	anything inside: must be	
paper cups		empty	
paper plates			
paper egg cartons			
take-out containers			
paper towels, napkins			
tissues			

For more information: [springfieldmrf.org](http://springfieldmrf.org)